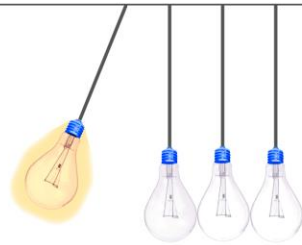


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Practical Management +  
Leadership Consulting



## Small Business Specials!

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Our Small Business Specials are staff development and corporate creativity workshops which have been specifically designed for small businesses. World class training at budget-friendly pricing!

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*\*Please note that travel fees may apply if your business or event venue is located outside of a 2-hour driving radius of Bridgewater, MA. Any such fees will be clearly communicated before a contract is executed.*

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# Small Business Specials!

## **Breaking the Bias**

We live in a world which feeds on our insecurities in a destructive, self-perpetuating cycle. This program will explain what implicit biases are, how they come to be, how they have allowed us to achieve remarkable cognitive advancement, and ultimately, how they can cause self-limiting behaviors and unconscious discrimination. Your team will learn strategies to mitigate effects of implicit biases on self-perception, perception of others, and thoughts, behaviors, and actions.

## **Rethink The Negative**

In a world where it is easier to communicate across the globe than at any other time in history, many people are struggling to engage in authentic, genuine communication. Get back to basics with simple improvisation techniques to transform your communication style! This program will explore how your team can use improvisation techniques to help reset their mindsets and connect with others – as well as improve team communication, morale, and productivity!

## **Improv Your Team**

Neuroscience shows that exposure to improvisation and other creative imagination exercises increases adaptability, improves creative thinking, and breaks people out of old habits and learned behaviors! This program contains a basic introduction to the art of improvisation. Your team will learn how to apply improv techniques to become a more cohesive group and improve communication, innovation, and productivity!

## **Making A Difference: Basics of DEI&B**

When considering cultural competence and diversity, equity, inclusion, and belonging work, it's easy to feel overwhelmed figuring out where to start. This program will level-set your team's understanding of cultural competence and DEI&B work, and empower them with simple, actionable steps to begin the work of evolving the culture of your organization!

## **Corporate Combat**

Fighting with co-workers has never been this productive! Teams today struggle with effective communication and collaboration, leading to increased stress, burnout, and employee turnover. This fast-paced program combines the thrill of sword fighting with essential team-building skills. Your team will learn basic stage combat techniques, develop camaraderie, and foster communication and trust in a fun, interactive environment.

